

INSTRUCTIONS: all the exercises, writings and notes must be hand-written.

Grammar Unit 1.

Make an outline with the main ideas of the unit's grammar. To do this, you must carefully read the contents of the section LANGUAGE REFERENCE from the digital book.

Grammar Unit 2.

Make an outline with the main ideas of the unit's grammar. To do this, you must carefully read the contents of the section LANGUAGE REFERENCE from the digital book.

Grammar Unit 3.

Make an outline with the main ideas of the unit's grammar. To do this, you must carefully read the contents of the section LANGUAGE REFERENCE from the digital book.

Grammar Unit 4.

Make an outline with the main ideas of the unit's grammar. To do this, you must carefully read the contents of the section LANGUAGE REFERENCE from the digital book.

Grammar Unit 5.

Make an outline with the main ideas of the unit's grammar. To do this, you must carefully read the contents of the section LANGUAGE REFERENCE from the digital book.

GRAMMAR PRACTICE**1. Choose the best answers to complete the sentences. (one point each)**

1. We *visit / are visiting* our grandparents in Italy next week.
2. *Do you change / Are you changing* your password every month?
3. At the moment *I'm emailing / I email* my teacher to ask about the school trip.
4. This blog *seems / is seeming* very interesting so I'll read it later.
5. When *are you sending / you send* me that file, we need to do the presentation.
6. *I'm getting / get* a new phone this week.
7. Why *are you searching / do you search* on that search engine? This one is faster. Hurry up!
8. This web page *is looking / looks* confusing. I'm not going to use it.
9. *I learn / 'm learning* Spanish at the moment.
10. This link *isn't working / doesn't work* today, but yesterday it did.

2. Correct the underlined mistakes in the sentences. (one point each)

1. I'm not believing everything I read on the Internet.
2. You make too much noise with that game! The neighbours will complain!
3. Who comes to the party tomorrow?
4. We watch the latest Alien film on Sunday: do you want to come?
5. I think about buying a portable hard drive. What do you think?

3. Complete the text with the present simple or present continuous form of the verbs in brackets. (one point each)

My friends and I ¹_____ (work) on a project for geography together this weekend but we ²_____ (not need) to meet up at all. Everyone ³_____ (know) what their job is: I ⁴_____ (search) for information about climate change online today, and tomorrow I ⁵_____ (download) images. My friends ⁶_____ (do) their part and then we ⁷_____ (save) everything to a shared folder. I ⁸_____ (think) the project is interesting but I ⁹_____ (not like) working at home alone. I ¹⁰_____ (feel) bored and I wish we could sit together and talk about it face-to-face.

4. Choose the best answers to complete the sentences. (two points each)

1. My dad *washed up / was washing up* when he *heard / was hearing* a loud noise from upstairs.
2. When I *arrived / had arrived* at the beach, I realised I *had been / was* there before.
3. The dancers *were performing / had performed* while the rock band *had played / was playing*.
4. When I was younger, I *was collecting / collected* football cards and *was keeping / kept* them all in an album.
5. The shop *was closing / had closed* when I arrived and the owner *was left / had left*.

5. Complete the sentences with the past simple, past continuous or past perfect form of the verbs in brackets. (one point each)

1. When I _____ (wake up) on the beach, I was red and sunburnt because I had fallen asleep in the sun.
2. The tyre exploded because somebody _____ (put) glass on the road.

3. I _____ (wait) for my friend when she phoned me to say she had had an accident.
4. Johnny couldn't play in the match because he _____ (broke) his arm the week before.
5. What _____ you _____ (do) last night? I texted you so many times!

6. Complete the text with the past simple, past continuous or past perfect form of the verbs below. (one point each)

arrive | be (x2) | beat | feel | play | score | sit | train | win

Last week's football match was a disaster. Half the team ¹ _____ late because they ² _____ at a party the night before. The two strikers ³ _____ for a few weeks because, unfortunately, they were injured with sprained ankles. One of the coaches ⁴ _____ in his car in a traffic jam all through the match. We ⁵ _____ against a team we ⁶ _____ in the final last season, but this time we ⁷ _____ so lucky. At half time they ⁸ _____ by four goals to one so we ⁹ _____ very unmotivated. They ¹⁰ _____ two more in the second half and that was the end! We all went home feeling annoyed.

7. Choose the best answers to complete the sentences. (one point each)

1. How long have you *had / been having* that car?
2. We haven't *been dating / dated* for long but we are already in love.
3. I've just *met / been meeting* my stepsister for the first time.
4. Have you ever *organised / been organising* an engagement party?
5. My great-grandparents have *been married / been marrying* for sixty years.
6. You've *chatted / been chatting* to your boyfriend for three hours! It's time to stop!
7. She hasn't *done / been doing* her homework yet and it's bedtime.
8. He's *talked / been talking* to his ex-wife and they are thinking about getting back together.
9. I've *charged / been charging* my mobile since this morning but it still won't work.
10. My siblings have never *visited / been visiting* our new house but they are coming next summer.

8. Complete the sentences with the words below. (one point each)

already | ever | just | never | yet

1. My grandparents have _____ left the country before but now they are going to France.
2. I came to watch your football match but I can see it's _____ finished. There is nobody on the grass at all.
3. Have you _____ been to Paris? It's beautiful.
4. I've _____ been talking to the teacher and she says we need to go to class right now.
5. Have you met Mark's mum _____?

9. Complete the text with the present perfect simple or continuous form of the verbs in brackets. (one point each)

My sister is getting married this weekend but we ¹ _____ (prepare) for the last six months! It ² _____ (be) really hard work but we ³ _____ finished (almost finish). My grandmother and my aunts ⁴ _____ (cook) since last weekend, and they ⁵ _____ (make) enough food for a hundred people, even though we ⁶ _____ (only)

invite) fifty! The best part is tasting the food and I⁷ _____ (go) into the kitchen every hour to see what the latest dish is like. Today, my parents and my sister⁸ _____ (go) to see the hall and the church to make sure they look right, so I⁹ _____ (stay) at home to answer the door in case the neighbours come to bring gifts. It's a big event for all of us, but the best part is knowing that my sister¹⁰ _____ (choose) a lovely man to marry and I'm going to have a great brother-in-law.

10. Choose two correct forms of the verb to complete the sentences. (one point each)

1. The match _____ in ten minutes so we need to start warming up on the pitch.
a) starts b) will have started c) is starting
2. I think the race _____ cancelled because it's raining heavily.
a) is being b) will be c) is going to be
3. What _____ to celebrate your birthday next week?
a) are you doing b) are you going to do c) will you do
4. I _____ in the match tomorrow because I've still got a concussion.
a) will not play b) am not playing c) am not going to play
5. Who do you think _____ the Cup final?
a) is going to win b) will win c) is winning
6. Ronaldito _____ Real Madrid next season. I can't wait to see him play!
a) is joining b) is going to join c) will join
7. We _____ a training session tomorrow after school: can you come?
a) are having b) will have c) are going to have
8. When _____ what the new football kit should look like?
a) are you deciding b) will you decide c) are you going to decide
9. I can't help you on Sunday. I _____ the team to the match.
a) am taking b) take c) am going to take
10. We have three matches on Friday. We probably _____
a) won't win. b) aren't winning. c) aren't going to win.

11. Complete the sentences with the future perfect or future continuous form of the verbs below. (one point each)

cycle | play | train | use | wake up

1. At four o'clock we _____ for tomorrow's match.
2. He _____ in six winning teams when he retires.
3. By the end of the season I _____ four new pairs of boots.
4. When the game finishes in the UK, you _____ yet in the US!
5. While you are preparing your bike, I _____ round the track.

12. Complete the text with the correct form of the verbs in brackets. More than one form may be possible. (one point each)

All our family are very sporty. On a typical weekend, everyone is out doing their own sport. Next weekend is no exception. My brother ¹ _____ (play) in a Super League match: he's incredible and all his friends ² _____ (go) to watch the match, which ³ _____ (start) at 10am. My dad is even more impressive; by that time he ⁴ _____ (finish) an Ironman competition. It's in France so he ⁵ _____ (fly) tomorrow and the plane ⁶ _____ (leave) at 6am. He's really competitive but he doesn't think he ⁷ _____ (win) because people ⁸ _____ (enter) from all over the world. My mum ⁹ _____ (watch) the competition while she ¹⁰ _____ (get) ready for the local marathon! I am the only one who will still be in bed!

13. Choose the best answers to complete the sentences. (one point each)

1. We don't need to buy a special outfit: we *will be able to* / *must* buy one when we get there.
2. In some countries, you *don't have to* / *mustn't* enter a church without a headscarf.
3. That *must* / *can't* be her new boyfriend. They are holding hands!
4. You *ought to* / *could* brush your hair before we go out; it's so untidy.
5. We *have to* / *needn't* put on our sports clothes to be ready for the PE lesson.
6. I thought I saw my teacher at the gym but it *can't be* / *can't have been* him. He hates exercise!
7. I can't believe that in some bike races you *don't have to* / *shouldn't* wear a cycle helmet!
8. Don't wear high-heeled shoes because the grass *might* / *can't* be wet and soft.
9. I tried to buy you the new Gucci handbag but I *can't* / *couldn't* find one anywhere.
10. It's just a few friends coming over tonight: you *mustn't* / *needn't* dress up too much.

14. Rewrite the sentences with the words in brackets. (one point each)

1. It's a good idea to be well-dressed when you have a job interview. (should)

2. I'm sure that jacket was expensive. It has gold zips! (must)

3. It's not necessary to wear a tie at the meeting today. (needn't)

4. It's impossible that that man is her dad. He's too young. (can't)

5. It's obligatory to switch off your mobile during the exam. (must)

15. Choose the correct modal verb below to complete the text. More than one option may be possible. (one point each)

can | can't | couldn't | don't have to | has to | have to | might | must | mustn't | needn't

My cousin goes to an expensive private school and he's always complaining about the strict dress code. To start with, you ¹ _____ wear the school uniform which he says is ugly. Then you ² _____ wear your hair as you want: it ³ _____ be the right length and you ⁴ _____ colour it. He thinks one of his ex-classmates ⁵ _____ have left the school because he ⁶ _____ follow all those rules. When he tells me this, I'm really happy that we ⁷ _____ do the same. At my school you ⁸ _____ wear what you like and you ⁹ _____ worry about what the teachers will say; they dress the same way as the students! It ¹⁰ _____ be fun going to a school like that but he says it's a great place apart from how you have to dress.

Vocabulary List Unit 2.

Make an list with all the vocabulary from the unit (including the phrasal verbs and the extra vocabulary section). Translate the words into Catalan.

English	Catalan	English	Catalan

Vocabulary List Unit 4.

Make an list with all the vocabulary from the unit (including the phrasal verbs and the extra vocabulary section). Translate the words into Catalan.

English	Catalan	English	Catalan

Vocabulary List Unit 5.

Make an list with all the vocabulary from the unit (including the phrasal verbs and the extra vocabulary section). Translate the words into Catalan.

English	Catalan	English	Catalan

VOCABULARY PRACTICE**16. Complete the sentences with the words below. (one point each)**

attachment | blog | cursor | folder | hard drive | hashtag | icon | link | password | window

1. You need to save your school work in a _____ for each subject.
2. Move the _____ over the picture and it will expand.
3. I forgot my _____ again so I have to reset it.
4. I've downloaded so many films that even my _____ is full!
5. Remember to email me the _____ as a Word document, not a pdf.
6. Don't write about me in your _____! I don't want to be famous!
7. This _____ doesn't work so I can't open the website.
8. #love is the most popular _____ at the moment.
9. Open a new _____ so you can work in it without closing the web page.
10. Click on the printer _____ at the bottom of the screen and see if that works.

17. Complete the sentences with the phrasal verbs below. (one point each)

blow up | comes out | deal with | keeps on | turn into

1. I can't finish my project because my computer _____ crashing!
2. Your blog is so popular you might _____ an Internet star!
3. I'm taking my mobile back to the shop to see if they can _____ the problem.
4. The new version of my favourite game _____ at the weekend.
5. If you play games for too long, can your computer get too hot and _____?

18. Choose the best answers to complete the text. (one point each)

I must admit that I spend about two hours a day checking social media on my phone. I never get ¹ *bored / boring*! My friends and family post such ² *interesting / interested* things, like my friend Ana who is always travelling to ³ *amazed / amazing* places, and my aunt whose blog keeps me ⁴ *entertained / entertaining* for hours. Of course, some posts are really ⁵ *annoyed / annoying*, like pictures of people's meals, and some are even ⁶ *frightened / frightening*, like when my brother does extreme sports and I get ⁷ *worried / worrying* about his safety. Most of my friends post silly pictures of themselves which are really ⁸ *amused / amusing*. I don't post photos of myself because I'm too ⁹ *embarrassing / embarrassed* but I love seeing other people's. It's never ¹⁰ *bored / boring*!

19. Complete the sentences with the words below. (one point each)

bandage | bruised | burn | cut | nosebleed | scratch | sore | sting | stitches | sunburnt

1. When I was in primary school, I used to get a _____ every week. It was really embarrassing and covered my desk with blood!
2. She had to have six _____ in her head after falling off her bike.
3. I got a _____ leg when I fell down the stairs.
4. When I picked up the cat it gave me a _____ on my arm.
5. I got a _____ from a bee while I was walking in the forest.
6. I was _____ because I didn't put on any sunscreen when I was at the beach.
7. Try not to _____ yourself while lighting the campfire.
8. Can you change my _____? The blood is coming through and it's dirty.
9. Have you ever _____ yourself on paper? It's actually very painful!
10. I'd love to have a massage for my _____ neck.

20. Choose the best answers to complete the sentences. (one point each)

1. The sun had still not risen when we *gave up / set out* on our trip.
2. This is the hardest race I've ever done but I'm not going to *run out of / give up*.
3. The people who live in the Arctic have to be very tough to *run out of / get through* the winter.
4. The journey was very long and hard but the fantastic beach at the end *made up for / picked up* it.
5. We *made up for / ran out of* water while we were on our hike.

21. Complete the adverbs of manner in the sentences. Some letters are given to help you. (one point each)

Last winter we went camping in the desert. I'd been camping many times before but never anywhere like this: there was nothing but sand! We drove ¹ n _ _ v _ _ _ _ y over the dunes, being careful not to get our tyres stuck, until we reached a flat spot where we ² c _ _ _ f _ _ _ y put up our tents, tying the guide ropes ³ t _ _ h _ _ y because we knew there is often a strong wind in the desert at night. We cooked and ate and then sat round the camp fire looking up at the stars, which were ⁴ t _ _ a _ _ y amazing. Of course, there was no bathroom so we all had to walk off and ⁵ s _ _ _ e _ _ y find a hidden place when we needed one! We went to sleep really ⁶ l _ t _ at around 1am but the next morning the sun was shining so ⁷ b _ _ _ h _ _ y that we had to get up very early. We were all very shocked to find someone had ⁸ a _ _ _ _ e _ _ _ _ y knocked over the water container in the night! It was already getting very hot so we ⁹ d _ _ _ e _ _ _ _ y packed up our things and left, some people were still ¹⁰ a _ _ r _ _ y accusing each other of being the one to ruin our trip. Next time, we need more torches!

22. Complete the sentences with the words below. (one point each)

couple | ex-wife | great-grandmother | great-grandparents | half-sister | nephew | niece | siblings | stepbrothers | stepmother

1. My dad has just got married again and now I have two _____ called Simon and Peter.
2. Everyone waved happily as the newlywed _____ drove off on their honeymoon.
3. My _____ was an amazing woman: she brought up my grandad on her own.
4. He has three _____: two sisters and a brother.
5. Cathy is my _____; we have the same dad but different mothers.
6. After he got divorced, he stayed friendly with his _____.
7. I really like my _____: she made my dad happy again after my mum died.
8. My sister has just had a baby boy! I'm so happy to have a new _____!
9. I can't believe it. My grandad has just told me that his parents, my _____, were married for 70 years!
10. My sister's daughter is my _____.

23. Choose the best answers to complete the sentences. (one point each)

1. You are twenty years old! It's time to stop being immature and *work out / grow up!*
2. My niece is visiting from America and wants to know if we can *bring her up / put her up*.
3. My stepfather is trying hard to lose weight but he can never *settle down / stick to* a diet.

4. Many people disagree on the right way to *bring up / grow up* children.
5. Marriage isn't easy: you need to communicate with your partner to try to *stick to / work out* problems together.

24. Complete the text with the words below. (one point each)

disadvantages | disagree | disapproved | immature | impolite | insane | intolerant | unemployed | unfair | unsociable

There are eighteen people in my family. We all get together every Christmas, but it soon turns into an argument. My grandparents are really traditional and quite ¹ _____; they don't accept other people's opinions and they complain about my nephew who is ² _____ at the dining table. He is often very rude. Then they criticise my aunt who married a foreigner. My grandfather has always ³ _____ of him, just because of his nationality. The rest of the family think this is ⁴ _____. My uncle has been ⁵ _____ since the factory he worked in closed, and so he is depressed and a bit ⁶ _____. He doesn't like being around people. My niece is very ⁷ _____ and talks about childish things all the time although she is sixteen, and my cousin makes her angry by calling her ⁸ _____ and crazy. The worst thing is if we start talking about politics because we all ⁹ _____. There are several ¹⁰ _____ of having a big family, but in the end we all love each other!

25. Complete the text with the words below. (one point each)

board | course (x2) | courts | gyms | pitches | ring | rink | slope | track

When my cousin's team won a football competition, they were able to visit their favourite team's training centre. They were amazed by what they saw there! The centre has four full-size football ¹ _____, a boxing ² _____, a racing ³ _____, an Olympic-size pool with a diving ⁴ _____ and even an ice ⁵ _____! The training centre is shared with other sports teams, so they have tennis and badminton ⁶ _____. They are planning to build a golf ⁷ _____ and an artificial ski ⁸ _____ there next year too! Next door there is a Formula 1 race ⁹ _____ where the players can get in for free. Of course, there are several ¹⁰ _____ too where people were training in martial arts as well as general fitness. My cousin thought it was so impressive, he wants to be a football player now, not just a fan!

26. Choose the best answers to complete the sentences. (one point each)

1. I used to love rugby but seeing so many players injured has really *put me off / let me down*.
2. He promised to play in the match but he *took us over / let us down* and we ended up losing.
3. She's a bad loser: if the result doesn't go her way, she takes a very long time to *end up / get over* it.
4. Rugby has never been very popular in Spain but lately it is *getting over / taking off*.
5. The supporters didn't agree with the referee's decision but after the match he talked to them and *got over / cleared up* the disagreement.

27. Rewrite the sentences by forming adjectives from the underlined words. (one point each)

1. Her dog protects her all the time when they are out. Her dog is very _____.
2. I love to compete and try my best to win. I'm very _____.

3. We couldn't believe what he told us. His story was _____.
4. They'll definitely accept your idea. They'll say your idea is _____.
5. That new player has really impressed the coaches. The coaches think the new player is very _____.
6. They say that skill is more important than strength in this sport. It's more important to be _____ than strong.
7. I'll never forget the last race, when you won the gold medal. The last race when you won the gold medal was _____.
8. The top salaries in football definitely attract young people. The top salaries in football are very _____ to young people.
9. I'll help you and carry your kit bag for you. I'll be _____ and carry your kit bag for you.
10. It's easy to recognise their goalkeeper with all that long hair. Their goalkeeper is easily _____ with all that long hair.

28. Complete the words in the sentences. Some letters are given to help you. (one point each)

1. This c _ _ l _ r is too tight! I can't breathe!
2. Put your h _ _ d up because it's really cold.
3. The s _ _ _ v _ s are too short on this coat; my arms look really long!
4. I got my h _ _ l stuck in a hole in the road and it broke off my shoe.
5. My feet are wet because the s _ l _ s of my shoes have holes in them.
6. You need to fix those trousers. The h _ _ s are coming down on the legs.
7. After eating that huge meal, I can't pull up the z _ p on my jeans.
8. My brother was so nervous about his wedding that I had to fasten his shirt b _ t _ _ s for him.
9. Tie your shoe l _ c _ s! You are going to trip and fall!
10. I want a pair of those really low jeans where you can see your underwear below your w _ i _ t.

29. Choose the best answers to complete the sentences. (one point each)

1. I offered to help my friend *pick out* / *dress up* an outfit for the graduation party.
2. I *come across* / *get on* well with my grandparents except when we discuss clothes and fashion.
3. My mum gets very angry because she says I never *put away* / *pick out* my clothes in my bedroom.
4. The student council members often *get on* / *hand out* leaflets to tell students about future events.
5. She is shy so she can *come across* / *put away* as unfriendly sometimes.

30. Choose the correct words below to make compound nouns to complete the text. (one point each)

cycle | face | football | head | money | smart | sun | swimming | track | wet

belt | boots | glasses | helmet | mask | phone | phones | suit (x2) | trunks

Packing my suitcase for my next adventure holiday isn't going to be easy! There are so many things I want to take. I'm going to be on the beach for a few days so, of course, I'll need my ¹ _____ and also a ² _____ because I might go surfing or diving. I'm spending a week at a sports camp so that means I'll have to take a ³ _____ for general sports and then ⁴ _____ in case we play a match and, of course, I'll be outside all day in the sun so I'll need my ⁵ _____. I've heard you can rent bikes there too so I should take my ⁶ _____ just in case they don't have any there. There are some long train journeys so I'm taking my ⁷ _____ to connect to my ⁸ _____ so I can listen to music. One thing the organisers told me to bring is a ⁹ _____ because the city where we are going to spend the last couple of days is very polluted, and a ¹⁰ _____ to carry my passport and cash.

31. Match the words with their definitions. (one point each)

to kill somebody intentionally ____	steal
to take control of a plane illegally ____	rescue
to capture an innocent person and hold them prisoner ____	witness
to make a false copy of a document ____	murder
to see a crime being committed ____	commit
to carry out a crime ____	hijack
to catch and charge a suspected criminal ____	arrest
to enter a bank and take money ____	forge
to save a person or thing from death or a dangerous situation ____	kidnap
to take money or things illegally ____	rob

32. Choose the best answers to complete the sentences. (one point each)

1. If my little brother has problems with bigger kids, I always *stand up for* / *set up* him.
2. The neighbours are going to *put off* / *set up* a residents' group to stop vandalism.
3. Don't *take away* / *put off* going to the police as the problem will just get worse!

4. If you *go on / set up* parking outside my garage, I'll have to report you.
5. If someone has a knife and you don't, is it a good idea to *go on / fight back*?

33. Complete the sentences with the words below. (one point each)

accused of | accustomed to | ashamed of | based on | crime against | duty to | involved in | known as | respect for | surprised at

1. Vandals have very little _____ other people's property.
2. The innocent boy cried when he told his parents he had been _____ the crime.
3. As a School Council member, it's your _____ show a good example of behaviour to other students.
4. I used to be a bully but I am very _____ that now and I try to help bullied victims.
5. The accusations against the woman were all _____ one witness's story and the judge dismissed them.

6. When he left prison with no support, the man soon got _____ crime again.
7. Stop hanging around with that group of boys! I don't want you to be _____ a gang member!
8. The boy's parents were very _____ the visit from the police to tell them their son had been arrested.
9. Illegally downloading films from the Internet is a _____ intellectual property.
10. We are moving to another neighbourhood because we don't want our children to get _____ seeing drug dealers on the streets.

Writing

34. Write a for or against essay (100–150 words) on the following:

Teenagers spend too much time using social media.

35. Write a story (100–150 words) about an accident or an adventure.

36. Write an opinion essay (100–150 words) on this question:

Will dangerous sports in schools be banned in the future?

37. Write an email (100–150 words) giving advice to a friend who is visiting you from another country and wants to dress like you and your friends.

38. Write a review (100–150 words) of a book you have read.